



Solle Courage™ CompassBlend



A custom blend of 100% pure essential oils to balance your mind and body to manage daily stresses and encourage peace and rejuvenation. Helps you to connect with your inner strength to increase willpower and withstand physical, mental and emotional demands. Be Courageous in conquering your fears with Solle Courage.

Ingredients:

Solle Essentials® Balance:

lavender, palmarosa, may chang, geranium, frankincense

Restores harmony, balance, energy and mood while reducing stress, promoting restful sleep patterns and overall balance – physically, mentally, and emotionally.

Cedar Atlas, *Cedrus atlantica*:

A warming, kidney-supporter that encourages willpower, inner strength and the ability to withstand daily and situational stresses.

Carrier oils:

Sunflower, jojoba, vitamin E

Solle Essentials® Calm:

patchouli, petitgrain, cypress, german and roman chamomile, yuzu, balsam peru

Helps the body and mind manage daily stresses that can cause various physical and emotional health concerns if left unaddressed. Encourages peace and rejuvenation of mind, heart, gut and soul.

Ginger, *Zingiber officinale*:

A gut nourishing, general anti-inflammatory that warms the heart and ignites our internal fire to combat feelings of being lost and/or lack of control.

The Solle Difference

Sustainable plant-sources. Backed by the SolleCertain Quality guarantee. Professionally formulated essential oil blend to connect and align mind and body. Complements the Balance category herbal formulas

Key Benefits for Solle Courage™

Physical: Apply to affected area and feet for relief with kidney issues, intestinal upset, PMS, body aches (fibromyalgia), jock itch and skin irritations.

Mental: Apply to temples, neckline, pulse points, shoulders, wrists and hands for enhanced brain circulation, memory, sleep, mental performance, learning and decreased stress and nightmares.

Emotional: Apply to temples, neckline, pulse points, shoulders, wrists and hands to reduce fear, insecurity, feeling defeated and disconnected, while boosting willpower.

Product Use

For topical use only.

- Roll-on to skin, hair and scalp
- Mix in SolleFlex AC Cream
- Add to epsom or sea salt in bath
- Apply a compress, covering area with cold or hot cloth.

Complementary Product

Solle Vital, Adaptable, Verdezymes), Renue, ProbioIQ, SolleClear, PowerCHI

